

**CURRENT COMPLAINT HISTORY FOR PATIENT**

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please check all boxes that apply to your condition** and fill in the spaces that describe your present complaint(s). Also, the information you provide concerning **past** symptoms will help in assisting the doctor to better understand your present complaints and **total** health picture.

Please list your present complaint(s) and mark your level of pain today for each complaint – If you have more than one area of complaint, list them in order of most severe to least severe.

1. \_\_\_\_\_ **Duration – (How Long / Date):** \_\_\_\_\_ **# of Previous Episodes:** \_\_\_\_\_  
 (Please circle one.) (No pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst pain imaginable)
2. \_\_\_\_\_ **Duration – (How Long / Date):** \_\_\_\_\_ **# of Previous Episodes:** \_\_\_\_\_  
 (Please circle one.) (No pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst pain imaginable)
3. \_\_\_\_\_ **Duration – (How Long / Date):** \_\_\_\_\_ **# of Previous Episodes:** \_\_\_\_\_  
 (Please circle one.) (No pain) 0 1 2 3 4 5 6 7 8 9 10 (Worst pain imaginable)

Has anyone treated you for this episode?  Yes  No If yes, by whom? \_\_\_\_\_

How did your **symptoms begin?**

- Immediately after a specific incident  After multiple Incidents  Gradually developed over time  Other \_\_\_\_\_

What makes your **symptoms better?**

- Nothing  Lying down  Standing  Sitting  Movement/Exercise  Other \_\_\_\_\_

What makes your **symptoms worse?**

- Nothing  Lying down  Standing  Sitting  Movement/Exercise  Other \_\_\_\_\_

Are your **symptoms?**

- Decreasing  Increasing  
 Not Changing  Other \_\_\_\_\_

**Description** of pain or symptoms:

- |                                    |                                      |
|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Sharp     | <input type="checkbox"/> Shooting    |
| <input type="checkbox"/> Dull      | <input type="checkbox"/> Burning     |
| <input type="checkbox"/> Ache      | <input type="checkbox"/> Numb        |
| <input type="checkbox"/> Weakness  | <input type="checkbox"/> Tingling    |
| <input type="checkbox"/> Throbbing | <input type="checkbox"/> Other _____ |

Does your pain **move** or **radiate**?

- Yes  No Where \_\_\_\_\_

Check the best and worse **times of the day** for your pain:

- |                                      |                                      |
|--------------------------------------|--------------------------------------|
| <b>Worse</b>                         | <b>Best</b>                          |
| <input type="checkbox"/> First Awake | <input type="checkbox"/> First Awake |
| <input type="checkbox"/> Morning     | <input type="checkbox"/> Morning     |
| <input type="checkbox"/> Afternoon   | <input type="checkbox"/> Afternoon   |
| <input type="checkbox"/> Evening     | <input type="checkbox"/> Evening     |
| <input type="checkbox"/> Nighttime   | <input type="checkbox"/> Nighttime   |
| <input type="checkbox"/> Other       | <input type="checkbox"/> Other       |

**Frequency** of pain or symptoms:

- |                                       |               |
|---------------------------------------|---------------|
| <input type="checkbox"/> Constant     | (76 – 100%)   |
| <input type="checkbox"/> Frequent     | (51 – 75%)    |
| <input type="checkbox"/> Occasional   | (26 – 50%)    |
| <input type="checkbox"/> Intermittent | (25% or less) |

How many days out of **an average week** are you in **pain?** (Please circle one.) 1 2 3 4 5 6 7

How much time during the **day** are you in **pain?**

- less than 1 hour  1 to 6 hours  6 to 12 hours  12 to 18 hours  18 to 24 hours  24 hours

**Patient's/Guardian's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**SHOW US YOUR PAIN**  
 USE THE LETTERS BELOW TO INDICATE THE TYPE  
 AND LOCATION OF YOUR SYMPTOMS TODAY

**KEY:** A = ACHE      B = BURNING      N = NUMBNESS      P = PINS & NEEDLES  
 S = STABBING      X = STIFFNESS      T = THROBBING      O = OTHER